

THE METHOD TO MASTERY™

Unlock the Method To Mastery™, a transformative blueprint applicable to leadership, business and life. These six critical stages are your compass. Deviation from any one of them can completely derail your hard-earned progress. Understand that mastery is a perpetual voyage. Chart your course with the Method To Mastery™ and navigate your way to extraordinary personal and professional growth.



M

Masterful Alignment

- Develop a purpose that's bigger than your problems
- Your certainty must outweigh others doubt (including your own)
- Ensure that your values and beliefs are aligned to outcome



A

Actionable Intentionality

- Curiosity (what could I do) to committed (what will I do)
- Clear objectives and plan for execution (From Dream To Done™)
- What I will stop doing (either altogether or delegated)



S

Self Regulated Discipline

- Establish rituals for the fundamentals
- Rhythms embedded into your calendar and consistently executed
- Mental toughness (do what's required, not what you feel like)



T

Timely Feedback

- Track specific metrics associated with your area of focus
- What worked, what didn't, what you'll do about it & support needed
- Tweaks (small shifts) vs transformations (major changes)



E

Enduring Commitment

- Fall in love with the monotony, plateaus & setbacks
- Use P.O.G.O. (Perspective, Ownership, Gratitude, Opportunity)
- Daily reference points (who I was, who I am, who I'm becoming)



R

Resounding Identity

- This is who I am vs this is what I do
- Pass on the wisdom you've gained (team, meetings, family etc)
- This forms the new foundation for your next phase of growth