THE WEIGHT OF YOUR MIX

On the left hand side of your mixing desk, name the primary focus areas or 'tracks' in your company and/or life right now. Next, rate where each track sits in the mix. A track that is too low in level and requires attention will be 0-4. A track at 5 is at an ideal level in your mix and one between 6-10 is too high in level and is taking up too much of your time, energy or resources.

